

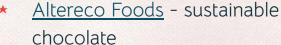




Sustainable Holiday Shopping

Where to Shop for Presents:

- Tentree- ten trees planted with every purchase
- ★ <u>Girlfriend</u> clothes made of recycled materials
- United by blue sustainable products
- Green America search engine for green businesses
- Amour Vert sustainable clothing



- * Bonterra sustainable wine
- ★ <u>Indigenous</u> handmade clothing
- * Rent the Runway rent designer clothing
- Au Naturale cosmetics organic cosmetics
- Conscious Step purchases go towards protection of different animals



Alternatives to Shopping!

- ★ DIY gifts:
 - * Knitting/crocheting
 - * Make-your-own ornaments
 - * Recipe box (write down some of your recipes for them!)
- Bake/cook something as a gift!
- Make something online
 - ★ Shutterfly
 - * Elf Yourself
- The gift of your presence! Take them on a day trip (following COVID regulations of course) somewhere they've always wanted to go





Gift Wrapping Alternatives!

- Substitute wrapping paper with materials like:
 - scarves & fabrics
 - reusable bags & gift boxes
 - cookie or sewing tins
 - baskets
- Or, use old calendars, newspapers, maps, and wallpaper!
- ★ If you don't have any of these materials, find eco-friendly wrapping paper that doesn't use coil or plastic coating





 Craft your own festive centerpieces instead of buying to place on your table

★ Fold up scrap paper or newspaper and make decorative snowflakes without wasting paper!

 Avoid plastic disposable silverware, instead go for compostable materials or reusable dishware

 Ask tree farmers for wreaths -- these are often misshapen or underdeveloped trees that would otherwise go to a landfill

Go for <u>LED Christmas lights</u> (save up to 75% of energy required for normal ones, and they can last 25x as long)



New Year's Sustainability Commitments

Quick Actions

 Buy a reusable bottle, tote bag or straw (ex: swap your paper coffee cup for a mug)

- Learn how to compost (or find composting centers near you)

Donate extra food to community fridges

- Upcycle clothes or paper bags for holiday gifts

Get some reusable towels or rags instead of paper towels

Replace your lights with LED's

Learn some vegan/vegetarian recipes



Meaningful Lifestyle Changes

- Eliminate single-use plastics from your life
- Meal prep to avoid food waste
- Walk/ride bike instead of driving
- Avoid fast fashion/shop consciously





Ambitious Lifestyle Changes

- Pledge to make your next car electric
- Start a vegetarian or vegan diet
- Invest in sustainable companies
- Install solar panels on the roof
- Start buying carbon offsets for travel
- Organize climate change activism





